

SWEET DREAMS SLEEP MASK

OTTOBRE design®
6/2018

Head circumference
54...56 cm



MATERIALS

- 10 cm cotton velour knit (CO/PES)
- piece of iron-on batting (fusible volume fleece), Vlieseline® H 640
- piece of interfacing, Vlieseline® G 785
- 35...37 cm elastic, width 20 mm

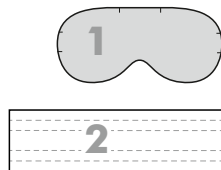
For appliqué:

- pieces of white and colored cotton single jersey (see photo of the mask)
- sewing threads to match velour knit and pieces of single jersey
- double-sided fusible web, Vlieseline® Vliesofix
- tear-away backing, Vlieseline® Stickvlies
- dark-color embroidery floss

PATTERN PIECES

cut

1 mask	2
2 band*	1
☞ eye appliqué	



CUTTING

Cut pattern pieces out from pattern sheet. Cut mask and band pieces from velour knit as indicated on list of pattern pieces, adding 10 mm seam allowances to edges of mask pieces. *Pattern piece for band includes seam allowances. Cut also one mask piece from iron-on batting without seam allowances.

SEWING

Construction techniques: Stitch seams with straight stitch. No seam finish is necessary.

Eye appliqué: Trace eye and iris on paper backing of double-sided fusible web and cut them out with generous allowances. Iron eye on wrong side of white and iris on wrong side of colored piece of single jersey, then cut pieces out along their outlines. Remove paper backing from fusible web. Lay eye and iris on right side of outer mask piece observing pattern markings and iron them in place.

Pin piece of tear-away backing to wrong side of outer mask piece. Stitch eye and iris in place close to edge with straight

stitch using matching sewing threads. Secure thread ends carefully. Remove tear-away backing from wrong side and steam appliqué area gently from right side. Using three strands of embroidery floss, embroider right eye as well as eyelashes on left eye with even backstitch.

Stabilizing: Fuse iron-on batting to outer mask piece. Cut and fuse interfacing to inner mask piece.

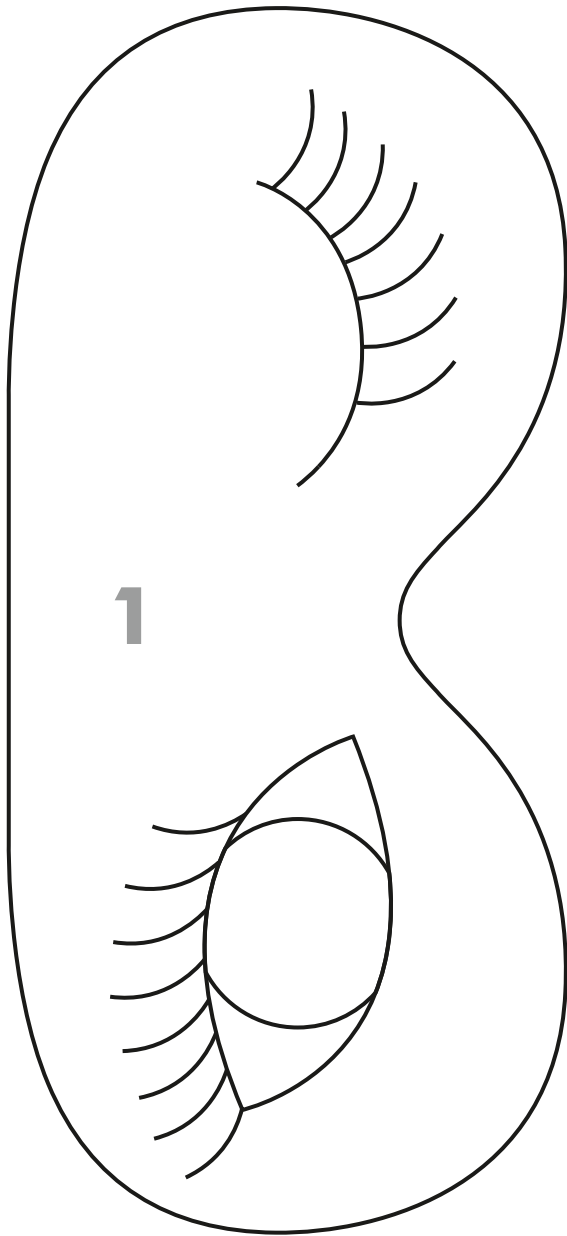
Band: Check and adjust length of elastic by pinning its ends to outer mask piece as marked on pattern (elastic can be a fairly tight fit as it stretches slightly when it is stitched). Remove elastic from mask piece. Fold band piece in half right sides together and stitch long edges together. Press seam open and turn band right side out. Insert elastic into band, placing seam on band along the middle of elastic. Machine-baste ends of elastic to ends of band and pin seam on band in position. Stitch through all layers along the middle of band with straight stitch or zigzag stitch, stretching elastic firmly as you sew.

Joining: Machine-baste ends of band to outer mask piece as marked on pattern right sides together. Pin outer and inner mask pieces right sides together, sandwiching band in between. Stitch outer edges of mask together, leaving small opening for turning at its upper edge as marked on pattern. Trim seam allowances slightly and turn mask right side out. Close opening for turning with inconspicuous hand stitches. Steam mask and band gently.

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KT/lis-taite, MA/r-v-d-stofvouw,
RM/Fl-Stoffbruch, CB/grain-fold,
MB/tr-vikning, MDo/df-pliure,
MT/hilo-doblez

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