

“HIGH” text for T-shirt



Pictured in OTTOBRE design® 1/2006, page 16. The pattern and sewing instructions for the T-shirt can be found in Creative Workshop pack no. 301. You can order it from our website at www.ottobredesign.com.

MATERIALS

- white fabric paint
- scalpel or small sharp scissors
- plastic sheeting (e.g. plastic pocket) for template
- spray adhesive, Gold-Zack
- painter's tape
- disposable plate and spoon
- piece of sponge
- lime-green embroidery thread
- piece of tear-away backing, Vlieseline® Stickvlies

Experiment with printing on a scrap of fabric before starting!

INSTRUCTIONS

Apply the print and embroidery to the front panel of the T-shirt before assembling the garment.

1. Trace “high” text on plastic sheeting and cut shaded parts of motif out.
2. Spray adhesive on wrong side of template and bond template to front panel. Secure edges of template in place with painter's tape and cover rest of garment piece to protect it from paint splashes.
3. Pour a small amount of paint on disposable plate and dab sponge in it so that paint gets evenly distributed on sponge.
4. Dab a small amount of paint at a time in openings on template with sponge.
5. Allow print to dry properly and fix it to fabric by pressing, following directions on paint container.
6. Pin tear-away backing to wrong side of front panel under print and stitch outlines of letters with reinforced straight stitch. Remove tear-away backing.

