

HEARTS

APPLIQUÉ

OTTOBRE design®
1/2023 design 24



MATERIALS

- pieces of solid-color cotton single jersey (CO/EL)
- double-sided fusible web, Vlieseline® Vliesofix
- tear-away backing, Vlieseline® Stickvlies
- sewing threads to match appliqué fabrics

SEWING

Construction techniques: Stitch appliqué shapes in place close to edge with a fairly short straight stitch, using matching thread for each shape. Backstitch at the beginning and end of each stitching line, and pull all thread ends to wrong side.

Proceed as follows: Trace 23...26 heart motifs in different sizes on paper backing of fusible web. Cut motifs out with generous allowances and iron them onto wrong side of pieces of single jersey. Cut heart shapes out along their outlines.

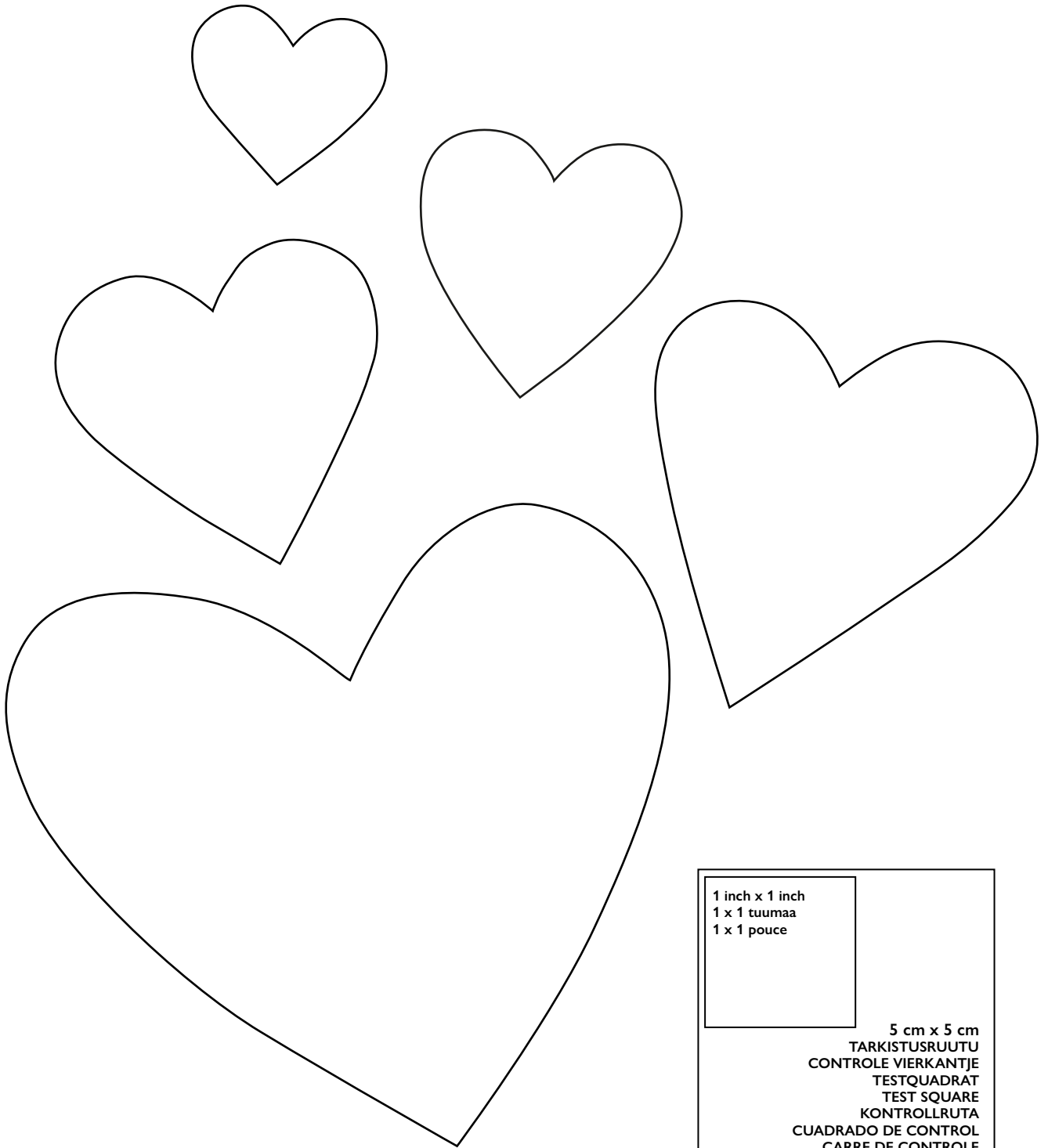
Remove paper backing from fusible web and arrange heart shapes on garment pieces as follows: 4 hearts on both sleeves, 3 hearts on back panel and the rest on front panel. Fuse shapes in place by ironing. Pin pieces of tear-away backing to wrong side of garment pieces under appliqué areas.

Stitch heart shapes in place close to edge with fairly short straight stitch or with narrow zigzag stitch, using matching sewing thread for each shape. Secure thread ends and remove tear-away backing from wrong side gently. Steam appliqué areas.

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