

#### **GENERAL INSTRUCTIONS**

# Please read the following general instructions before starting your project.

## How to choose the correct size

Adults' sizes are chosen either according to the bust/chest measurement (e.g. blouses, jackets, coats) or the hip measurement (pants, skirts). Take the measurements on top of thin underwear and compare them with the size chart. You will find detailed instructions for taking measurements on the next page.

# How to find the pattern pieces on the pattern sheet

An overview of numbered, small-scale pattern pieces and a list of pattern pieces can be found next to the sewing instructions for each design. The appropriate pattern sheet is also stated. On the bottom edge of the pattern sheet, find the number with the correct color for the desired pattern piece and move your finger upward on the sheet until you locate the same number.

Trace the pattern on tissue paper, including all the necessary markings (e.g. grainlines, notches, pocket placements). The markings are also visi-

ble on the small-scale patterns next to the instructions. Make all adjustments to the pattern before cutting out the garment pieces.

#### **Patterns**

The patterns include hem allowances, button extensions and facings. When cutting out the garment pieces, add seam allowances of approx. I cm (depending on the fabric) to each edge of the pattern.

For reasons of clarity, some of the pattern markings (e.g. positions for Velcro tapes and buttons) have only been printed on the smallest-size pattern of the design. Copy these on

the pattern size of your choice in the corresponding places, measuring the distance from the pattern edge. Large pattern pieces are printed on the pattern sheet in two parts. Combine parts A and B before cutting out the fabric.

### Cutting

Lay out the pattern pieces on a double layer of fabric observing the grainlines and foldlines. Draw the seam allowances on the fabric with tailor's chalk.

If you only need to cut a piece out once, observe the pattern markings and cut either on a fold (e.g. back, col-